

For more information  
Contact Susan Storey  
(251) 975-1947  
[storeycom@gulftel.com](mailto:storeycom@gulftel.com)

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## **Lucy Buffett Competes for Queen of Seafood Title**

*Lucy Buffett will represent Alabama in Great American Seafood Cook-Off*

(Mobile, Alabama) – Lucy Buffett wears many hats; she is a chef, restaurant owner, and writer. Now, Lucy hopes to win a crown. Lucy Buffett is Alabama's representative in the Great American Seafood Cook-Off, August 6<sup>th</sup> in New Orleans. "I am so excited about this opportunity," Lucy says. "It will give me a chance to promote the Gulf Coast and showcase the kind of seafood we have right in our backyard."

Lucy will compete against noted chefs from around the country to determine the "King" or "Queen" of seafood preparation in the United States. Lucy is the newest spokesperson for the Eat Alabama Wild Shrimp campaign. She will use only fresh, Alabama Wild Shrimp in her recipe to help promote the importance of purchasing domestic, local shrimp. The competition will be held in the Gulf Coast Seafood Pavilion during the three-day Louisiana Foodservice Expo. The event celebrates the great seafood harvested in America and the hardworking men and women who make a living from the seafood industry.

Each chef will prepare dishes unique to his or her state. Lucy Buffett promises her culinary creations, like her popular restaurant LuLu's at Homeport Marina, will have personalities all their own. "I love to create, I love to cook, and I love to entertain," Buffett says. "My seafood dish for the event will be something a little different—it's called Screaming Easy Wild Shrimp Wasabi." The main ingredients are Alabama Wild Shrimp, wasabi powder, horseradish and beer.

The 52<sup>nd</sup> Annual Louisiana Foodservice EXPO is one of the largest regional restaurant shows in the gulf south.

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Lucy Buffett  
Chef/Owner, LuLu's at Homeport Marina